



SCHEME OF WORK
DIPLOMA EARLY CHILDHOOD EDUCATION
SEMESTER 4

Kursus	NUTRITION, HEALTH AND SAFETY IN EARLY CHILDHOOD EDUCATION
Kod	AKK 3413
Program	Diploma EARLY CHILDHOOD EDUCATION
Unit Kredit	3 hours
Jam Temu	3 hours
Penilaian Berterusan	<p>Individual Segments</p> <p>Quiz 10% Tutorial / Engagement / Activity 10%</p> <p>Group Segment</p> <p>Group work and Presentation 40%</p> <p>Final Exam 40%</p> <p>TOTAL 100%</p>
Pensyarah	Emir Azreen bin Roslin emirazreen@kolejfelcra.edu.my Web: pakkkolejfelcra.weebly.com
Hasil Kursus	Course Learning Outcomes: At the end of the course, students should be able to: CL01: Specifies the purpose of health care, safety and nutrition for children in nurseries and kindergartens. (PLO1, C1, PI, A1.) CL02: Lists the importance of quality care for babies and children and their effects to the development of children. (PLO1, C1, C2, P1) CL03: Explain the ways of handling emergency measures and first aid pills. (PLO2, PLO4, C2, P2, A3)

Penerangan Kursus	<p>This course provides students with the knowledge and understanding needed to create and maintain an environment that guarantees safety for children including the role of teachers in carrying out security programs, safety and emergency procedures. Students are also exposed to techniques with first aid. This subject allows students to identify and act on child abuse and how to give support to them and family members where torture takes place while knowing the legislation that protects children.</p>
----------------------	--

WEEK	CHAPTERS	ACTIVITY
Week 1 & 2	<p>Pengenalan Kursus</p> <p>1.0 Basic Health, Safety, and Nutrition concepts</p> <p>1.1 Basic health of children</p> <p>1.2 Displaying approaches to health education</p> <p>1.3 Health, nutrition and safety interests.</p>	Perbincangan & kuliah
Week 3 & 4	<p>2.0 Basic Safety Concept, Health Impairment on Children</p> <p>2.1 Child safety</p> <p>2.2 Simple and socio-economic factors on health.</p> <p>2.3 Health factors</p> <p>2.4 Child care is sick</p>	Kuliah & Perbincangan & Kumpulan
	<p>PRACTICAL 1: INTRODUCING STUDENT SAFETY ACTIVITIES FOR CHILDREN</p>	
Week 4	KUIZ 1	

<p>Week 5 & 6</p>	<p>Role of Teachers and Safety Programs, Outdoor Activities and Safety for Children</p> <p>3.1 Safety guide</p> <p>3.2 Outdoor activities for children</p> <p>3.3 Prevention of contamination and environmental sanitation</p> <p>3.4 How to deal with cases of infectious diseases</p>	<p>Kuliah & Perbincangan Kumpulan</p>
<p>Week 7</p>	<p>4.0 Safety and Potential Safety and Child Protection Issues</p> <p>4.1 Physical environment</p> <p>4.2 Security significance</p>	<p>Kuliah & Perbincangan Kumpulan</p>
	<p>PRACTICAL 2:</p> <p>DEMOS HOW TO CONTROL A CHILD IN CASE OF A PSYCHIATRIC OR SEXUAL ABUSE CASE</p>	
<p>Week 7</p>	<p>KUIZ 2</p>	
<p>Week 8 & 9</p>	<p>5.0 Sexual Abuse and Child Abandonment</p> <p>5.1 Child sexual abuse</p> <p>5.2 Impression of sexual abuse</p> <p>5.3 Teacher and parent actions</p>	<p>Kuliah & Perbincangan Kumpulan</p>
	<p>PRACTICAL 3:</p> <p>INTRODUCE EMERGENCY EQUIPMENT IN EMERGENCY CASES AND HOW TO USE EMERGENCY EQUIPMENT DURING EMERGENCIES</p>	
<p>Week 8 & 9</p>	<p>6.0 Emergency Response and First Aid Box</p> <p>6.1 Security Theory</p> <p>6.2 First aid kit</p> <p>6.3 Cardio pulmonary resuscitation CPR</p>	<p>Kuliah & Perbincangan Kumpulan</p>

	6.4 Choke control	
	PRACTICAL 4: MAKE DEMOS HOW TO DO CPR TO CHOKING CHILDREN IN SEQUENCE	
Week 10	7.0 Chronic Disease That Can Attack Children 7.1 The importance of knowing chronic childhood illnesses 7.2 The child's sign of mental illness	Kuliah & Perbincangan Kumpulan
Week 11 & 12	8.0 Baby and Child Nutrition and Child Nutrition practices 8.1 Selection of nutritious foods for infants and children 8.2 Food pyramid 8.3 Healthy food menu preparation 8.4 Practicing: designing food menus for 8.5 babies and children and reviewing the menu in real situations	Kuliah & Perbincangan Kumpulan
Week 13	PRACTICAL 5: MAKE THE MOST SUITABLE FOOD PYRAMID FOR KINDERGARTEN AND NURSERY	
WEEK 14	MINGGU ULANG KAJI	
WEEK 15	PEPERIKSAAN AKHIR	

Rujukan Utama:

1. Segal, M. Etc. (2012). *All about child care and early education: a comprehensive resource for child care professionals. (2nd ed.)*. Boston: Pearson.
2. Robertson, C. (2014). *Safety, nutrition and health in early education. (6 ed.)*. San Francisc: Cengage Learning.

3. American Academy of Pediatrics. (2014). *Caring for Your Baby and Young Child, 5th Edition: Birth to Age 5 (Shelov, Caring for your Baby and Young Child, Birth to Age 5)*. Bantam Books. USA.